

# Swim Lessons in Volusia County

## Volusia-Flagler YMCA Summer Swim Lessons

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: Four Townes

Dates: 6/6/22 - 8/11/22

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: Port Orange

Dates: 6/6/22 - 8/11/22

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: Southeast Volusia

Dates: 6/6/22 - 8/11/22

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: Ormond Beach

Dates: 6/6/22 - 8/11/22

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: Holly Hill

Dates: 6/6/22 - 8/11/22

Swim Basics - Preschool Age - 3 - 5 yrs

Branch: DeLand

Dates: 6/6/22 - 8/11/22

Swim Basics - School Age - 6 - 12 yrs

Branch: Four Townes

Dates: 6/6/22 - 8/11/22

Swim Basics - School Age - 6 - 12 yrs

Branch: Port Orange

Dates: 6/6/22 - 8/11/22

Swim Basics - School Age - 6 - 12 yrs

Branch: Southeast Volusia

Dates: 6/6/22 - 8/11/22

Swim Basics - School Age - 6 - 12 yrs

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[https://www.vfymca.org/programs/9077/summer-swim-lessons/#division\\_2000639](https://www.vfymca.org/programs/9077/summer-swim-lessons/#division_2000639)

## City of Daytona Beach Child Swim Lessons

Swimming is not only a wonderful and refreshing recreational activity, it also is a life-saving skill. Swim lessons, which are offered at the city's two pools to adults and children, are based on age and ability. At the start of each session, students will be divided and given appropriate instruction based on age and ability.

### Registration for swim lessons

Registration is open for youth swimming lessons beginning the week of April 4 at the Cypress Aquatic Center.

Lessons are for children ages 6 months and older, with participants divided into three groups: Level 1 & 2, level 3 and adults. Lessons for each group will be 30 minutes in duration, starting with level 1 & 2 at 4:30 every Monday and Wednesday at Cypress Aquatic Center, 981 George W. Engram Blvd.

Lessons are \$30 per participant for a total of eight lessons. Registration is at the Cypress Aquatic Center.

For more information, call (386) 671-8393.

# Daytona State College Summer Swim Lessons

CLASS SESSIONS 3X A WEEK FOR 3 WEEKS EVERY TUES, WEDS, & THURS

Session 1: June 14th-30th

Session 2: July 12th-28th

Aquatic Adventure 3–5yrs 9:45-10:15 a.m. 5:00-5:30 p.m. 5:40-6:10 p.m. \$50

Aquatic Journey 6–9yrs 10:30-11:00 a.m. 5:00-5:30 p.m. 5:40-6:10 p.m. \$50

TO REGISTER OR REQUEST ADDITIONAL INFORMATION, PLEASE CONTACT:

DAYTONA STATE COLLEGE FITNESS & AQUATICS CENTER

386.506.4386

Aquatic@daytonastate.edu or [Laura.Anderson@daytonastate.edu](mailto:Laura.Anderson@daytonastate.edu)

1200 W. International Speedway Blvd. Daytona Beach, FL 32114

DaytonaState.edu/Aquatic\_ctr/

## Grades K-5 State of Florida Water/Swimming Standards

PE.K.M.1.6	Participate in a variety of introductory water skills.
PE.K.C.2.4	Recognize there are deep and shallow areas of a pool, and identify the dangers of entering a body of water without supervision.
PE.1.M.1.6	Demonstrate a variety of basic water skills.
PE.1.C.2.4	Identify the rules for safe water activities, and recognize the importance of having a lifeguard near water or in a swimming facility.
PE.2.M.1.6	Perform a variety of fundamental aquatics skills.
PE.2.C.2.4	Explain the importance of wearing a life jacket (personal flotation device) when on a boat or near water.
PE.3.M.1.6	Demonstrate a combination of basic swim skills.
PE.3.C.2.4	Identify and explain different items that can be used for assisting in a water-related emergency.
PE.4.M.1.6	Perform a variety of swim strokes.
PE.4.C.2.4	Understand the importance of protecting parts of the body from the harmful rays of the sun.
PE.5.M.1.6	Demonstrate proficiency in one or more swim strokes.
PE.5.C.2.4	Identify the different types of basic water- rescue techniques, using various types of items.