



# School Wellness Plan 2018-2019

School Way Café

**School Name:** Coronado Beach Elementary

**Principal's Name or Person Responsible for Plan** Tracy Buckner\_ext: 34904

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** Melissa Cleveland ex: 34911

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I: Goals** - List your school's wellness goals for the upcoming school year in Part I this form and e-mail it to School Way Café [swaycafe@volusia.k12.fl.us](mailto:swaycafe@volusia.k12.fl.us) and a copy to your Area Superintendent by **September 14<sup>th</sup>, 2018**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II: Evaluation** – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café [swaycafe@volusia.k12.fl.us](mailto:swaycafe@volusia.k12.fl.us) and a copy to your Area Superintendent by June 6, 2019.

**Note: Documentation is required to validate completion of your goals.**

Part I – Complete by Sept 14 <sup>th</sup> , 2018	Part II - Complete by June 6 <sup>th</sup> , 2019
<b>Goals for 2018-19</b>	<b>Implementation Evaluation</b>
<p>Coronado Beach Elementary School's monthly newsletter will include nutritional information provided to guide parents in dietary decisions for their children.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p>Comments:</p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p>Comments:</p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>



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Goals for 2018-19	Implementation Evaluation
<p>Students at Coronado Beach elementary School will participate in the “Jump Rope for Heart” event co-sponsored by the American Heart Association and provide educational activities to enhance their knowledge of health, fitness and nutrition as it relates to the human body.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented. <i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Coronado Beach Elementary School will create a schedule for supervised outside time for students to be engaged in moderate to vigorous physical activity.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented. <i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Coronado Beach Elementary School will participate in National Walk to School Day.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented. <i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>