

School Wellness Plan 2020-2021

School Way Café

School Name: Cypress Creek Elementary

Principal’s Name or Person Responsible for Plan: Adrian Bronson, Principal ext. 39405

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above: Kimberly Williams, Assistant Principal ext.39412**

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a “Team Nutrition” school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district’s wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school’s wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café SWayCafe@volusia.k12.fl.us and a copy to your Area Superintendent by **August 30th, 2020**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school’s wellness goals and complete Part II of this form. E-mail a copy to School Way Café SWayCafe@volusia.k12.fl.us and a copy to your Area Superintendent by **June 4, 2020**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by August 30th, 2020	Part II - Complete by June 1st, 2021
Goals for 2020-2021	Implementation Evaluation
<p>The cafeteria will provide accurate nutrition info and resources to staff.</p> <p>The cafeteria will work with staff, using the dining room to help students make healthy choices promoting fresh fruits and vegetables.</p> <p>The cafeteria will offer fresh fruits and vegetables daily.</p> <p>Teachers will be encouraged to limit classroom birthday treats to once a month.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>

Part I – Complete by August 30th, 2020	Part II - Complete by June 1st, 2021
Goals for 2020-2021	Implementation Evaluation
<p>HEALTHY LIVING Structured events are scheduled throughout the year that encourage physical activity, such as Walk-a-thon, VCS Fitness Festival, Field Day, kickball games, etc.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>PHYSICAL ACTIVITY Cypress Creek Elementary is committed to providing opportunities for all students to become physically fit. Physical Education teachers follow the PE Curriculum map, and support the school’s and district’s Wellness Policies to ensure students develop a strong understanding of health issues, along with the skills and attitudes that will enable them to maintain a physically active, healthy lifestyle. All students will participate in a minimum of twenty minutes of teacher directed physical activity daily. Bicycle safety instruction is part of the PE curriculum.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Promote healthy living among employees through regular exercise opportunities, health screenings and health education tips. Provide staff with wellness tips via all staff emails.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p>

	<p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
--	--

