

School Wellness Plan 2021-2022

School Way Café

School Name: Port Orange Elementary

Principal's Name or Person Responsible for Plan: Nicole Sallese ext: 34111

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café SwayCafe@volusia.k12.fl.us and a copy to your Area Superintendent by **September 23rd, 2021**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café SwayCafe@volusia.k12.fl.us and a copy to your Area Superintendent by **June 3rd, 2022**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 23rd, 2021	Part II - Complete by June 3rd, 2022
Goals for 2021-2022	Implementation Evaluation
<p>We will use programs to promote walking for exercise among students and staff:</p> <ul style="list-style-type: none"> - Walk club - Girls on the run - Fun Runs 	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>

Part I – Complete by September 23rd, 2021	Part II - Complete by June 3rd, 2022
Goals for 2021-2022	Implementation Evaluation
<p>We will encourage dental health care by having a dentist visit our primary units to discuss the importance:</p> <ul style="list-style-type: none"> - Guidance will have toothbrushes and toothpaste for students in need 	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>We will inform students of the harmful effects of using tobacco, drugs, and alcohol:</p> <ul style="list-style-type: none"> - Student and staff participation in Red Ribbon Week - Dare 	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>We will use the cafeteria to provide learning opportunities about healthy eating:</p> <ul style="list-style-type: none"> - Decorating with wellness and nutritional educational posters - Including healthy choices for meals, snacks, and parties - Allowing students 20 minutes after getting food, to eat 	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>