

Welcome Back! Menu for August 2017



Volusia County's School Way Café

This institution is an equal opportunity provider.

Breakfast

August Early Release Days:
16, 23, & 30

Meal Prices:

Menus subject to change

Student Breakfasts are Complimentary

Children not enrolled in a Volusia county school: Breakfast-\$1.50

Adults: Breakfast -\$1.50

Prepay at WWW.MYSCHOOLBUCKS.COM

100% Fruit Juice Daily



Offered in 2 or more flavors! 😊

We offer at least 4 food items at breakfast and students must pick at least 3 food items, including 1 or 2 fruits.

NUTRITION TO GO

Pineapples are picked ripe and do not ripen further after picking. There's no sure way to tell that a whole pineapple is sweet -- although fresh, deep green crown leaves are a good sign. Most grocery stores now carry vacuum-packed pineapples that are already cored and shelled - buying these saves you some work and avoids surprises.



<p>Monday 14</p> <ul style="list-style-type: none"> ■ Pancake – Sand. or Mini Maple ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Tuesday 15</p> <ul style="list-style-type: none"> ■ Chicken Biscuit ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Wednesday 16</p> <ul style="list-style-type: none"> ■ 2 Mini Muffin Loaves ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Thursday 17</p> <ul style="list-style-type: none"> ■ Breakfast Pizza ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Friday 18</p> <ul style="list-style-type: none"> ■ French Toast Sticks ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>
<p>Monday 21</p> <ul style="list-style-type: none"> ■ Breakfast Rolled Taco ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Tuesday 22</p> <ul style="list-style-type: none"> ■ Yogurt, choice of 1 Granola or 1 Toast or 1 Cereal ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Wednesday 23</p> <ul style="list-style-type: none"> ■ Pancake Sausage Wrap ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Thursday 24</p> <ul style="list-style-type: none"> ■ Ham, Egg, & Cheese or Sausage, Egg & Chz Croissant ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Friday 25</p> <ul style="list-style-type: none"> ■ French Toast Sticks ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>
<p>Monday 28</p> <ul style="list-style-type: none"> ■ Pancake – Sand. or Mini Maple ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Tuesday 29</p> <ul style="list-style-type: none"> ■ Chicken Biscuit ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Wednesday 30</p> <ul style="list-style-type: none"> ■ 2 Mini Muffin Loaves ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>Thursday 31</p> <ul style="list-style-type: none"> ■ Breakfast Pizza ■ Cereal w/ a Slice of Toast ■ 2 Slices of Cinnamon Toast ■ One PBJ Uncrustable <p>Fruit: may pick 2; not 2 juices Fruit; Assorted Juice</p>	<p>All our grain & bread products are whole grain enriched.</p>

Every complete meal we serve includes your choice of 1% white, fat free, low sugar chocolate or strawberry milk.

A free white soy milk is available for students w/ a medically documented allergy or intolerance.



This symbol indicates that the product is made with Pork.



This symbol indicates that the product is made with Beef.



This symbol indicates that the product is made with Turkey.



This symbol indicates that the item is vegetarian or lacto-vegetarian.