



HIGH SCHOOL MENU 2017

This institution is an equal opportunity provider.

Revised 8/15/17, 10:57 am

We offer 5 food components; students must choose at least 3 food components including 1 fruit or vegetable.

Lunch Prices: Menus subject to change

Students—\$2.25

Reduced—\$.40

Children not enrolled—\$3.00

Adults— \$3.25. Adult meals are not reimbursed by the government.

Pre-pay at www.MySchoolBucks.com

Breakfast Bites!



According to a recent survey, 56% of us spend more time thinking about what we're going to wear in the morning than what we're going to eat for breakfast. Do yourself a favor: choose your clothes the night before and make time for breakfast!

Milk Daily: 1% White & nonfat-low sugar Chocolate and Strawberry. A free white soy milk is available for students w/ a note signed by a medical authority.



This symbol indicates that the product is made with Pork.



This symbol indicates that the product is made with Turkey.

This symbol indicates that the item is vegetarian or lacto-vegetarian.



Monday

Entrées: Choose 1

- Nachos w/ Meat Sauce & Cheese & Salsa
- Choice of Pepperoni , Buffalo Chicken, or Chz Pizza
- PBJ Sandwich
- Ham & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. 1 c or 2 c leafy: may choose 2 of the same veg. or one of each
Cheesy Beans; Lettuce & Tomato;

Fruit ½ cup: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.
Strawberries; Fresh Fruit; 100% Juice

Tuesday

Entrées: Choose 1

- Asian Chix w/ Sweet & Spicy Rice
- Cheeseburger or Hamburger
- PBJ Sandwich
- Taco Salad w/ Tortilla Chips or Corn Chips

Vegetarian salads available upon request

Veg. 1 c or 2 c leafy: may choose 2 of the same veg. or one of each
Carrots; Broccoli w/ or w/o Cheese

Fruit ½ cup: may choose 2 fruits or 1 fruit & 1 juice. Not 2 frozen juices.
Peaches; Fresh Fruit; 100% Frozen Juice Cup

Wednesday

Entrées: Choose 1

- Chicken & Waffle
- Choice of Pepperoni or Cheese Pizza
- PBJ Sandwich
- Ham & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. 1 c or 2 c leafy: may choose 2 but not 2 Jojo
Jojo Wedges; Carrots

Fruit ½ cup: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.
Applesauce; Fresh Fruit; 100% Juice

Thursday

Entrées: Choose 1

- Cheese Sticks w/ Marinara Sauce
- Roasted Chicken or Chicken Wings w/ a Breadstick or Roll
- PBJ Sandwich
- Turkey & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. 1 c or 2 c leafy: may choose 2 but not 2 or Mashed or Jojo
Manager's choice: Mashed Potatoes & gravy or Jolo's; Green Beans

Fruit ½ cup: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.
Pears; Fresh Fruit; 100% Juice

Friday

Entrées: Choose 1

- Rib-B-Q on a Hamburger Bun
- Chicken Alfredo w/ a Breadstick or a Roll
- PBJ Sandwich
- Popcorn Chix & Chz Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. 1 c or 2 c leafy: may choose 2 of the same veg. or one of each
Corn; Salad — *manager's choice:* Caesar or Tossed

Fruit ½ cup: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.
Mixed Fruit; Fresh Fruit; 100% Juice

Bonus: Mini Rice Krispy Treat