



# Middle Menu August 2017

This institution is an equal opportunity provider.

## Lunch Prices: Menus subject to change

Students-\$2.00

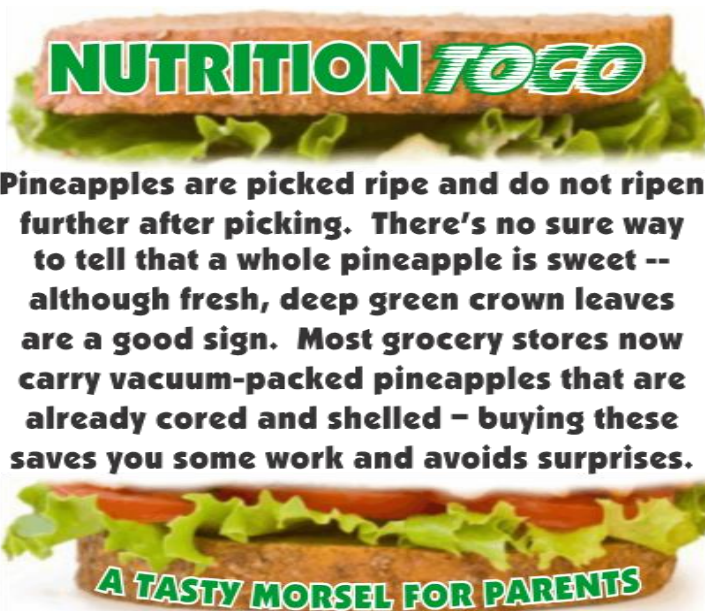
Reduced-\$.40

Children not enrolled-\$3.00

Adults-\$3.25. Adult meals are not reimbursed by the government.

Pre-pay at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

We offer 5 food components; students must choose at least 3 food components including 1 fruit or vegetable.



**Milk Daily:** 1% White & nonfat-low sugar Chocolate and Strawberry. A free white soy milk is available for students w/ a note signed by a medical authority.



This symbol indicates that the product is made with Pork.



This symbol indicates that the product is made with Turkey.



This symbol indicates that the item is vegetarian or lacto-vegetarian.



## Monday

### Entrées: Choose 1

- Nachos w/ Meat Sauce & Cheese & Salsa
- Choice of Pepperoni , Buffalo Chicken, or Chz Pizza
- PBJ Sandwich
- Ham & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. ½ c or 1 c leafy: may choose 2 of the same veg. or one of each  
Cheesy Beans; Lettuce & Tomato

Fruit: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.  
Strawberries; Fresh Fruit; 100% Juice

## Tuesday

### Entrées: Choose 1

- Asian Chix w/ Sweet & Spicy Rice
- Cheeseburger or Hamburger
- PBJ Sandwich
- Taco Salad w/ Tortilla Chips or Corn Chips

Vegetarian salads available upon request

Vegetable ½ c: may choose 2 of the same veg. or one of each  
Carrots; Broccoli w/ or w/o Cheese

Fruit: may choose 2 fruits or 1 fruit & 1 juice. Not 2 frozen juices.  
Peaches; Fresh Fruit; 100% Frozen Juice Cup

## Wednesday

### Entrées: Choose 1

- Chicken & Waffle
- Choice of Pepperoni or Cheese Pizza
- PBJ Sandwich
- Ham & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Vegetable ½ c: may choose 2 of the same veg. or one of each  
JoJo Wedges; Carrots

Fruit: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.  
Applesauce; Fresh Fruit; 100% Juice

## Thursday

### Entrées: Choose 1

- Cheese Sticks w/ Marinara Sauce
- Roasted Chicken or Chicken Wings w/ a Breadstick or Roll
- PBJ Sandwich
- Turkey & Cheese Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Vegetable ½ c: may choose 2 of the same veg. or one of each  
*Manager's choice:* Mashed Potatoes & gravy or Jolo's; Green Beans

Fruit: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.  
Pears; Fresh Fruit; 100% Juice

## Friday

### Entrées: Choose 1

- Rib-B-Q on a Hamburger Bun
- Chicken Alfredo w/ a Breadstick or a Roll
- PBJ Sandwich
- Popcorn Chix & Chz Salad w/ a Breadstick or Roll

Vegetarian salads available upon request

Veg. ½ c or 1 c leafy: may choose 2 of the same or one of each  
Corn; Salad – *manager's choice:* Caesar or Tossed

Fruit: may choose 2 fruits or 1 fruit & 1 juice. Not 2 juices.  
Mixed Fruit; Fresh Fruit; 100% Juice

Bonus: Mini Rice Krispy Treat